



Briana, a 15-year-old girl, is requesting the IUD Birth Control and does not have the consent of her parent. What do you do?

- Tell the patient that she has to come back with a parent's consent.
- Inform the patient that you can and will perform the procedure, but must call a parent to notify them.
- Explain to the patient that you can perform the procedure without parental consent, but if she pays with her parent's insurance, they may receive an Explanation of Benefits.

Answer: (c.) Briana can receive any form of contraception without a parent's consent. However, if the health center does not have protections in place to ensure confidentiality, it is best practice to inform Briana that 1) if she uses her parent's insurance, an EOB (explanation of benefits) may be sent to her parents; and 2) if a parent requests her medical records, they may access them.

Michael is 14 and is requesting a chlamydia test. He doesn't want to tell his dad, who's in the waiting room. Does he need consent from his father?

- Yes
- No

Answer: No. Minors (patients under 18) have the right to STI testing and treatment without a parent's consent. However, his confidentiality may not be protected if the health center does not have protections in place (see answer above).



Remember, it's best practice in many cases for a provider to encourage teens to talk to their parents/guardians, even if consent is not required. Encouraging this dialogue can be an opportunity to set up successful parent/teen communication.



Jade is 16 years old. Can she receive a pregnancy test AND prenatal care without informing her parents?

- a. Yes
- b. No

Answer: Yes. Patients under 18 have the right to receive pregnancy testing and prenatal care without parent/guardian consent.

Which of these options below do not require parental consent?

- a. HPV vaccine
- b. ADHD medication for a 13 year-old
- c. Inpatient mental health treatment
- d. Depo Provera contraceptive shot

Answer: (d.) Depo Provera contraceptive shot. All other options require a parent's consent.

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Carlos is 14 years old and needs mental health care. Which of these statements is true for him?

- a. He can consent to counseling without his parent's knowledge or consent
- b. If he needs to, he can consent to depression medication without his parent's consent
- c. If he needs to, he can get inpatient treatment without his parent's consent.
- d. Actually, he needs to get his parent's consent for any sort of mental health treatment.

Answer: (d.) All mental health services above require parent consent.

Which of the following require parent/guardian consent?

- a. Emergency care – a “life or limb” situation
- b. Any care for emancipated minors
- c. Most sexual health services
- d. Vaccines
- e. Outpatient substance abuse treatment

Answer: (d.) Vaccines are the only service on this list that require a parent's consent.

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